



*Certificate Program in
Christian Formation and Spiritual Direction
2009-2010*

Offered in Los Angeles beginning in January 2009
By Christian Formation & Direction Ministries in conjunction with its
Los Angeles Regional Network

Christian Formation & Direction Ministries [CFDM] is a non-profit Christian ministry incorporated in California in 1996. It's mission is to "lead others into a deeper love for and intimacy with the Father, Son, and Holy Spirit through spiritual formation and the art of spiritual direction...particularly through the training, re-sourcing, networking, and supervising of spiritual directors for Christian churches in the western United States." For more information visit its website at www.cfdm.org.

The goal of the Certificate Program in Christian Formation and Spiritual Direction is to help the student

- To mature into deeper intimacy and friendship with the Triune God
- To develop a theology of Christian spirituality by drawing on and integrating insights from Scripture, theology, historical traditions, psychology and related fields
- To discover the richness of one's own spiritual tradition and the gifts and blessings of other traditions
- To learn about, and engage in, spiritual habits and practices that facilitate spiritual growth
- To grow in balancing prayer, study and service and in developing practical wisdom based on Scripture, tradition, reason, and experience
- To gain experience and skills in providing individual and group spiritual direction in a Christ-centered program and context
- To participate in a creative partnership among Christian spiritual directors in the Southern California Regional Networks of CFDM.

Year One [Focus on Christian formation and introduction to the art of spiritual direction]

January 27-30, 2009	Class in Spiritual Formation, Tuesday noon thru Friday at 4:00 pm at Bel Air Presbyterian Church in Los Angeles.
April 21-24, 2009	Class/training continued, Tu-Fri at Bel Air Pres
September 1-4, 2009	Class in Spiritual Practices, Tu-Fri at Bel Air Pres
November 3-6, 2009	Class/training continued, Tu-Fri at Bel Air Pres
By arrangement	Monthly retreat Days
By arrangement	Monthly individual meetings with a spiritual director
By arrangement	Optional one day and overnight retreats for your personal enrichment and formation—dates to be announced

Year Two [For those continuing, focused now entirely on practical training in spiritual direction]

TBD	Two three-day training events, one possibly in a retreat setting
By arrangement	Regular meeting with one's spiritual director
TBD	Monthly supervision for direction given
By arrangement	Participation in a network of spiritual directors
By arrangement	Optional one day and overnight retreats for your personal enrichment and formation—dates to be announced

Costs:

Tuition for the two-year program is \$3,800. In the first year [\$2,200], tuition covers 14 days of instruction and practicum in a church setting, refreshment/snacks, noon meals, faculty resources, administrative costs, reprints and other materials. In the second year [\$1,600], tuition covers 6 days of instruction and practicum, faculty resources, administrative costs, reprints and other materials, and supervision in monthly group meetings for ongoing evaluation and training. Not included are overnight accommodations, if needed, fees for individual spiritual direction and monthly personal quiet days. \$300 is due at time of admission to the program [to reserve a place—space is limited] and tuition for the Program is due in advance on a yearly, term, or quarterly basis, or by arrangement.

Entry Requirements

Admission is open to individuals [lay or clergy] from any Christian denomination or group who have a bachelor's degree or its equivalent and/or have training or demonstrable knowledge of Scripture and theology. Life experience is highly valued as is awareness of a potential call to be a spiritual director. Admission to the program is granted when the following steps have been completed:

- A completed application submitted by December 5, 2008. Earlier application is encouraged because the size of a class is limited and may be closed before the deadline.
- A statement detailing educational background, work experience, Christian journey, involvement in church and Christian service, and interest in the program and in being a spiritual director.
- Two letters of reference [one pastoral and one personal]
- An interview with one or more of the Program Faculty/Staff. Arrangements can be made to do this on the phone for those who are not in the Los Angeles area.

Faculty

Rev. Care Crawford, ThM, Regional Coordinator for CFDM-Los Angeles, ordained Presbyterian Minister PC(USA), Pastor of Congregational Life at Bel Air Presbyterian Church in Los Angeles, spiritual director, spiritual direction supervisor, pastoral counselor.

Rev. Dr. Steve Summerell, D.Min, Regional Coordinator of CFDM-San Gabriel, Vineyard Pastor in Arcadia, California, spiritual director and supervisor of directors.

Additional faculty/staff—

Faculty involved in CFDM training programs along the West Coast
Members of the Los Angeles Coordinating Team—

For more information or an application, contact

Care Crawford, CFDM Regional Director for Los Angeles,
(818) 788 4120 ext.114, care@belairpres.org, www.cfdm.org



APPLICATION
Certificate Program in Christian Formation and Spiritual Direction
at Bel Air Presbyterian Church in Los Angeles
2009-2010

Name: _____

Address: _____

Home phone (____) _____ Work phone (____) _____ Email: _____

Church connection: _____

Attach the following to this application:

- A statement detailing educational background, work experience, Christian journey, involvement in church and Christian service, and interest in the program and in becoming a spiritual director—see questions on the reverse of this form.
- Two letters of reference [one pastoral and one personal]—see attached form

Upon receipt of application you will be contacted for an interview.

Note: Admission is open to individuals [lay or clergy] from any Christian denomination or group who has a bachelor's degree or its equivalent and/or has training or demonstrable knowledge of Scripture and theology. Life experience is highly valued as is awareness of a potential call to be a spiritual director. Admission to the program is granted by the Admissions Committee [composed of Faculty and Staff of the Certificate Program] following receipt of a completed application and a personal or phone interview with one or more members of the Admissions Committee.

Tuition:

Tuition for the two-year program is \$3,800. In the first year [\$2,200], tuition covers 16 days of instruction and practicum in a church setting, refreshment/snacks, noon meals, faculty resources, administrative costs, reprints and other materials. In the second year [\$1,600], tuition covers 6 days of instruction and practicum, faculty resources, administrative costs, reprints and other materials, and supervision in monthly group meetings for ongoing evaluation and training. Not included are overnight accommodations, if needed, fees for individual spiritual direction and monthly personal quiet days. \$300 is due at time of admission to the program [to reserve a place—space is limited] and tuition for the Program is due in advance on a yearly, term, or quarterly basis, or by arrangement.

I understand and agree to the program costs as stipulated above.

Signature _____ Date _____

Send completed applications to Care Crawford, care@belairpres.org or by surface mail to Care at Bel Air Presbyterian Church, 16221 Mulholland Drive, Los Angeles, CA 90049-1199

Questions to consider in completing your personal statement as part of the application process

1. Have you ever had any spiritual formation or spiritual direction training? If so, please describe.
2. Do you have, or have you ever had, a spiritual director. If so, for how long? What has been your experience and what has been most helpful to you in this relationship?
3. How would you describe your understanding of spiritual direction?
4. Do you have any theological training (i.e. seminary, bible school, courses, workshops)? Please be specific.
5. How/where did you find out about this program in spiritual formation and direction?
6. What do you hope to receive from this program?
7. Besides the goal of becoming a spiritual director, what is going on internally within you that is leading you to seek out spiritual formation and direction training?
8. If you are married, describe your spouse's response to your desire to be in this program.
9. Describe your spiritual journey and your relationship with God at this time.
10. What do you see as your strengths? Weaknesses?
11. Describe any steps you have taken or experiences you explore (i.e. counseling, spiritual direction, journaling, group work, etc.) to pursue emotional health and growth.
12. We believe it is God's desire that individuals not only grow in experiential knowledge of God but also in experiential knowledge of self. Therefore, one main focus of this program will to take an in-depth and very honest look at yourself and your life – your relationship with God, your relationship with others, your giftings, strengths, weaknesses, woundings, addictions, etc. What is your response within as you read the above statement about this program?



Certificate Program in Christian Formation and Spiritual Direction
2008-2009 Recommendation Form
[make copies as needed]

NAME OF APPLICANT: _____

When completed email this form to care@belairpres.org , or by surface mail to Care at Bel Air Presbyterian Church, 16221 Mulholland Drive, Los Angeles, CA 90049-1199

The above-named applicant has applied for admission to our two-year training program in spiritual formation and direction, with the goal of becoming a spiritual director. Please respond to the following questions with that in mind.

1. Name some characteristics showing suitability for this ministry:

2. What are the strengths of this person?

3. In what areas could this person grow?

4. How long have you known this person? In what capacity?

5. How would you characterize this person's relationship with God?

6. How would you characterize this person's relationship with his/her family and friends as well as with those to whom he/she ministers?

ADDITIONAL COMMENTS:

Your Name (please print) _____

Your Signature _____

Your position _____

Your phone number _____

Date _____

